

# Endoscopic Solutions: Sutab Prep Instructions

## Instructions for Sutabs

1. Please refer to **General Bowel Prep Instructions for diet recommendations**
2. On the day prior to the colonoscopy, around 6-7pm:
  - a. Open 1 bottle of 12 tablets.
  - b. Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.
  - c. Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.
  - d. Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.
3. The morning of the colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1) and repeat steps 2a-2d above.

**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Please go to [www.Sutab.com](http://www.Sutab.com) for further information and to sign up for the copay savings card (click "SAVINGS") to help reduce the price.

A diagram illustrating the first dose of Sutab. It shows a row of 12 white, oval-shaped tablets. To the right of the tablets is a plus sign followed by three glasses of water. The first glass is larger than the other two, representing 16 ounces of water. Below the tablets is the text "Tablets not shown actual size." Below the glasses is the text "One day prior to colonoscopy at 6-7 PM".

Tablets not shown actual size.

**One day prior to colonoscopy at 6-7 PM**

A diagram illustrating the second dose of Sutab. It shows a row of 12 white, oval-shaped tablets. To the right of the tablets is a plus sign followed by three glasses of water. The first glass is larger than the other two, representing 16 ounces of water. Below the tablets is the text "Tablets not shown actual size." Below the glasses is the text "5-8 hours prior to colonoscopy".

Tablets not shown actual size.

**5-8 hours prior to colonoscopy**