

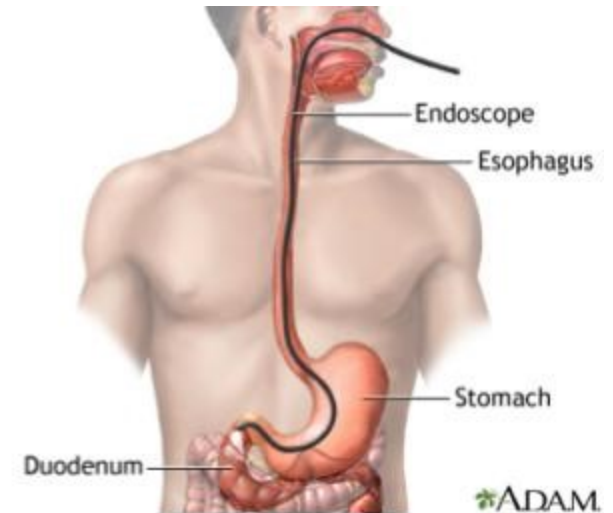
# Endoscopic Solutions P.C.

## Esophagogastroduodenoscopy (EGD) Instructions

Procedure Date: \_\_\_\_\_

Tentative Arrival Time: \_\_\_\_\_

Location: \_\_\_\_\_



An EGD is a procedure in which a small scope with a light and camera is used to look inside the esophagus, stomach, and first part of the small intestine (duodenum). It's also called an upper endoscopy, or an esophagogastroduodenoscopy. It can be used to diagnose and potentially treat many upper GI conditions.

- One week prior to EGD:
  - It is OK to continue a baby Aspirin (81 mg)
  - If you are on any other blood thinner, please make sure you have clearance to hold or continue this medication for the procedure.
- Two days prior to EGD:
  - Stop NSAIDs products (Motrin, Aleve, Advil, Ibuprofen, Naprosyn, Excedrin, etc).
  - You can use plain Tylenol for pain, if needed.
- One day prior to EGD:
  - There is no bowel prep but your stomach must be empty for the procedure. Please do not eat or drink anything at least 8 hours prior, or from midnight on the night prior, to the procedure.
- It is okay to take meds with a small sip of water at least 4 hours prior to the procedure.
- If you are diabetic, please discuss the change in your medications during the preparation for EGD with your doctor.
- In order to understand your financial obligations, please check with your insurance carrier if this procedure is a covered. There may also be fees from the facility, anesthesia, and pathology services as well.
- You will need a driver due to the anesthesia that you will receive. Plan to take the day off work.
- If you must reschedule, please notify us at least 72 hours before your procedure, otherwise you are subject to a late cancellation charge.
- The endoscopy center will call you with your final arrival time 1-2 business days before the procedure
- If you are having a colonoscopy at the same time, please follow the instructions for the colonoscopy.