

Endoscopic Solutions PEG3350 Bowel Prep Instructions

1-2 days prior to your colonoscopy:

-Mix 238 gram* PEG3350 bottle into 64 ounces of clear liquid (gatorade, apple juice, iced-tea, water) and keep in refrigerator for later use.

*Entire bottle = 238 grams = 14 capfuls

*Mix 7 capfuls for each 32 ounce bottle



One day prior to your colonoscopy:

CLEAR LIQUID DIET ALL DAY

Take four 5mg Bisacodyl tablets (20mg total) anytime during the day. It is okay to take them all at once or split into two dose throughout the day.



Evening prior to your colonoscopy

-At 7pm: Drink 32 ounces of PEG3350 bowel prep solutions over 1-2 hours. Drink at least 32 more ounces of water or clear liquid after completing the prep solution.

-Before bedtime: Take One 80 mg Simethicone Tablet



6 hours prior to your procedure:

-Drink the remaining 32 ounces of PEG3350 bowel prep solutions over 1-2 hours.

-Please try to complete the prep 4 hours prior to scheduled procedure time. It is okay to drink clear liquids and take medications up to 2 hours prior to your procedure time.

